



## What is PGA HOPE?

**PGA HOPE** is the flagship military program of **PGA REACH**, the charitable foundation of the **PGA of America**. **PGA HOPE** (Helping Our Patriots Everywhere) is an adaptive golf program offered by our PGA Professionals as a rehabilitation tool to improve our veterans' quality of life by enhancing their mental, social, physical, and emotional well-being. There is <u>NO COST</u> to our veterans.

The **PGA of America** and local PGA Professionals are working closely with the VA system across the country to assist veterans in their transition.

Sessions are taught by local **PGA Professionals** with assistance from trained volunteers and include clubs and equipment if needed, training aids, range balls and weekly golf course access.

Please **CLICK HERE** to view a video on how PGA HOPE has impacted so many lives.

## **PGA HOPE FACTS**

It is a fact that suicide is a major issue among military Veterans, with recent statistical studies showing that 22 Veterans a day commit suicide. PGA HOPE is working to change this statistic.

Participants of PGA HOPE programs include military Veterans living with physical and cognitive challenges such as Traumatic Brain Injury (TBI), Post-Traumatic Stress Disorder (PTSD) and amputees, among other challenges.

The Department of Veterans Affairs research and clinical experience verify that physical activity is important to maintaining good health, speeding recovery, and improving overall quality of life. For many injured Veterans, adaptive sports provide their first exposure to physical activity after injury.

PGA HOPE programming is fully funded by PGA REACH and offered at NO COST for Military Veterans.

PGA HOPE has a Memorandum of Understanding (MOU) with the Department of Veterans Affairs, which enables Recreational Therapists to refer Veterans to the PGA HOPE program as a form of therapy.



